



Bradworthy Surgery 2023

Your Doctors

Dr C. Carey (f) Dr J. Wood (m)

Telephone

01409 241215

Practice Manager

Sue McLaren

OPENING TIMES 8am-6.00pm **Dispensary 9am-5pm**

Closed Saturday & Sunday

Enhanced Access Monday & Tuesday evening, by pre-booked appointment only.

Call 111 for medical advice & direction: 999 for lifethreatening emergencies.

When to call 999?

You should always call 999 in a life-threatening emergency: heavy bleeding, chest pain, collapse or losing consciousness, extensive/major burns, sudden facial or limb weakness, seizures, spinal injury, floppy unwell infant, severe allergic reaction, poisoning or overdose, headache with loss of consciousness all need 999.

If you are unsure what to do, dial 111 to be directed.



Welcome to 2023!

In our first newsletter of the year we'd like to wish everyone a happy, healthy and peaceful 2023. Despite the many challenges for our NHS we'll keep on delivering our general practice services the way we always have done. As a small surgery, one of the benefits is that we get to know our patients well and healthcare is delivered in a friendly and personal way, with our patients feeling known.

Although Bradworthy Surgery may be smaller than some, in the last 3 years our patient population has grown by 10%, which has meant a greater demand on the practice. We are addressing this, as you will see in our 'New Staff' item below. There are however a number of things that all patients can do to help us to help you.

- Please get your SystmOne online login details so you can order repeat medication, check appointment times, book appointments, see results, access your medical record etc. It's a simple process and only needs you to bring in 2 forms of ID and fill an easy form (see right).
- Please send in all medication requests or queries on-line, in writing, but not by phone. Medication queries can take up phone-line and reception time unnecessarily, when popping something down in writing would be simpler, quicker and better practice, so it can be actioned and logged to record.
- If you need to contact us non-urgently (routine appointments or appointment changes, test results, medical or prescription queries, admin queries etc.), please call after 10am. By leaving the lines free between 8-10am means those with urgent concerns can get through.

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We are delighted to welcome 2 new faces to the Bradworthy Team: Becky Andrew, who has already joined us as a clinical and secretarial admin assistant, also working on reception and Dr Melinda D'Ambrogio who will be joining us as an additional GP for three sessions a week from 3rd March. Melinda has been working as a GP in the local area since 2019. She and Becky are both welcome additions to the Bradworthy team.



DEVON & CORNWALL CARE RECORD

The Devon and Cornwall Care Record is a new. secure computer system that allows information to flow securely between the organisations providing your care. This makes care more coordinated and gives you a smoother journey through the healthcare and care system. It also means you don't have to keep answering the same questions about yourself, with each person you see involved in your care.

Find out more at www.devonandcornwallcarerecord.nhs.uk



Thank you to everyone who has sent in nice comments KEEP UP TO DATE! and responds to posts on our growing Facebook page. It's really encouraging for us all to read your warm responses, and to know how much our staff are appreciated.

VACCINATIONS UPDATE

FLU: We are continuing to offer FLU vaccinations to any patients who still need one. Please call us after 10am to get booked in.

SHINGLES: If you are 70-79, you are entitled to a free shingles vaccination to help stop or lessen the effects of what can sometimes be a very painful and debilitating condition. You cannot catch shingles, but it is caused by the same virus as chickenpox which can reactivate later in life when your immune system is weakened. If you have shingles there is a chance that someone in very close contact may develop chickenpox if they haven't already had it. The shingles vaccination is a one-off vaccination for most people; once you've had it, you don't need another. Please book in a Practice Nurse appointment if you'd like to have one.

PNEUMONIA: If you are over 65 you are eligible for a free pneumococcal ('pneumo') vaccination. Babies are also offered this at 12 weeks and 1 year, to protect against pneumonia, meningitis and sepsis. Like the shingles vaccine, it is a oneoff vaccine for people over 65. You can have the vaccination by booking an appointment with a Practice Nurse.

For further information about the shingles and pneumonia vaccinations please go online to:

https://www.nhs.uk/conditions/vaccinations/

COVID 19: The current autumn/winter 2022 booster campaign for COVID-19 will come to an end on **12 February 2023**. It is anticipated that there will not be any further boosters until spring and/or autumn 2023, when it is likely to be offered to those in some 'at risk' groups. When we have more definite information about who. where and when, we'll let everyone know. If you still wish to have a Covid vaccination before 12th Feb, please call 119 or the Devon Covid Vaccination Support Team on 01752 398836, or go online by typing **BOOK COVID VACCINATION**. Some walk-in clinics are being held up to 12th February.

BRADWORTHY SURGERY is on FACEBOOK

